Mitigation Strategies for Minimal/Moderate Community Transmission of COVID-19: Guidance for Community Partners in Suburban Cook County

Effective: 3/12/2020
Individuals and Families at Home

- Cover your cough, wash your hands with soap and water or alcohol based hand sanitizer, and stay home when you are sick.
- Create a family preparedness plan.

- Continue to monitor local information about COVID-19 in your community.
- Continue to practice personal protective measures.
- Continue to put household plan into action.
- Individuals at increased risk of severe illness should consider staying at home and avoiding gatherings or other situations of potential exposures, including travel.

- Additional resources: